

## **Eating Disorders:**

**Wasted : A Memoir of Anorexia and Bulimia** - Marya Hornbacher / Harpercollins / January 1999

**I Wish I Were Thin...I Wish I Were Fat: The Real Reasons We Overeat & What We Can Do About It** ~ Michelle Joy Levine / Vanderbilt Pr / September 1997

**Breaking Free from Compulsive Eating** ~ Geneen Roth / Plume / September 1993

**When Food Is Love: Exploring the Relationship - Between Eating and Intimacy** ~ Geneen Roth / Plume / September 1993

**When Women Stop Hating Their Bodies: Freeing Yourself from Food and Weight Obsession** ~ Jane R. Hirschmann, Carol H. Munter Contributor) / Fawcett Books / January 1997

**The Secret Language of Eating Disorders: The of Eating Revolutionary New Approach to Curing Anorexia and Disorders** - Peggy Claude-Pierre / Times Books / September 1997

**Why Weight? : A Guide to Ending Compulsive Eating** - Geneen Roth / Plume / September 1993

**Overcoming Overeating** ~ Jane R. Hirschmann, et al / Fawcett Books / June 1998

**Overcoming Binge Eating** ~ Christopher Fairburn / Guilford Press / May 1995

**Chocolate Is My Kryptonite: Feeding Your Feelings How to Survive the Forces of Food** ~ Matthew S. Keene / Saguro Pub / March 1998

**Bulimia : A Guide to Recovery: Understanding & Overcoming the Binge-Purge Syndrome** ~ Lindsey Hall, et al / Gurze Designs&Books / eptember 1992

**Love Hunger: Recovery from Food Addiction** ~ Frank Minirth / Fawcett Books / May 1991

**The Secret Language of Eating Disorders: The Revolutionary New Approach to** ~ Peggy Claude-Pierre / Vintage Books / January 1999

**Treating and Overcoming Anorexia Nervosa** ~ Steven Levenkron / Warner Books / May 1997

**Bulimia Nervosa & Binge-Eating: A Guide to Recovery** ~ Peter J. Cooper / New York Univ Pr / September 1995

**Bulimia: A Guide for Family and Friends** (Psychology Series) ~ Roberta Trattner Sherman, Ron A. Thompson / Jossey-Bass Publishers / January 1997



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